



# trail tales



## Loxahatchee Chapter, Florida Trail Association

Volume 26, Issue 4: Bi-monthly Publication

July/August 2016

### CHAPTER MEETINGS

First Monday of every month

*Topics of interest to hikers, outdoor enthusiasts and naturalists held at:*

### OKEEHEELEE NATURE CENTER

Social 7:00 p.m.  
Program 7:30 p.m.

*Located in Okechee Park on Forest Hill Blvd. east of the turnpike. Follow the main park road for about a mile, turn left at the Nature Center sign and continue to the building.*

**EVERYONE IS WELCOME**

**Happy Hiking!!**



### Mother's Day Wildflower Walk

By the Cummings

On Mother's Day over 20 people came to Jonathan Dickinson State Park to look at the wild flowers. We ended up identifying over 20 different flowers in spite of the fact that the area had just come through a controlled burn. It was a pleasant, warm day and many of us enjoyed a luncheon gathering at Schooners in Jupiter.



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### Special Thanks to Christian Stewart

Our membership chairman, Mary Miller, is giving kudos to FTA member, Christian Stewart, who has brought in over 10 new members since the first of the year! Christian organized the J.W. Corbett Wildlife Management Area's 50K 18M run that was held in Dupuis earlier this year. His registration for this ultra runner's event included the option to join the Florida Trail Association. New memberships sometimes just take someone to ask others to support the use of our trails and their maintenance. Our membership is growing.....Way to go Christian!

He that uses many words for explaining any subject, doth, like the cuttlefish, hide himself for the most part in his own ink.

-John Ray, naturalist (1627-1705)

## **Chapter Meetings & Events**

### **Monthly Meeting**

**July 4**

**Put the July 4<sup>th</sup> meeting on your calendar as part of your day's celebration. Program to be announced.**

**August 1**

**Program to Be Announced.**

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### **Jupiter Ridge Outing Brings 36 Hikers**

By Alan Collins

Jupiter Ridge is located on Highway 1 between Donald Ross Road and Indiantown Road. The ridge is the highest point in Palm Beach County (I don't know the height, but not as high as the Rockies).

On Sunday, May 29<sup>th</sup>, I was amazed that 36 people came to walk with us (35 and me). We started a bit late because people just kept coming. With this large group Scott took the opportunity to "talk up" the Florida Trail Association and as a result, he signed up 5 new members

Jupiter Ridge is still a lovely place to hike, but some of the changes made it less shady. When you walk on sand, shade is good. Going up the start of the hill, many of the trees were cut down. Getting rid of exotics is good for the environment but not the hiker. However, good in the long run.

*(from column 1)*

I have always enjoyed eating the cocoplums, but a large amount of the cocoplum shrubbery had been cut down. Lightning also made a change. The forest walk is no longer all shade. We walked up the hill to the high point. I'm not as young as I once was, so I asked people to stop at various points. I used the excuse that we needed to let the people behind catch up. But it's usually me who needs the rest. Once we got off the hill, we walked to the beach on the intracoastal,

Then we went through the forest to the lookout over the water. Then back to our cars. From the lookout there are two ways to get back to the cars. One that I prefer is on the cement walkway and one that Dave Cook prefers through the sand. The hikers had the opportunity to choose, so we divided up.

There were too many who wanted to go to breakfast at our usual spot, so one of our walkers called the Lighthouse Diner. They said they could take us all. Seventeen said they wanted to go for breakfast but 20 showed up. There was no problem; everyone was served promptly. There was a lively discussion, and I'm sure from the comments a good walk and breakfast was had by all.



**Happy 4th of July!**

## **Chapter Officers**

Chair: Roy Moore, 561-422-2189, shanroy@bellsouth.net

Vice/Programs: Margaret Brabham, 561-324-3543, magbrab@yahoo.com

Vice/Trails: Fred Davis, 561-585-6386, fdavis@msn.com

Secretary: Debra Lawrence, 561-309-4764, allie9362@aol.com

Treasurer: Paul Cummings, 561-963-9906, cummingsps@att.net

## **Council Representative**

Bea Rogers, 561-644-0777, bznest22@bellsouth.net

## **Committees**

Membership: Mary Miller, 561-213-2189, mhm27@juno.com

Newsletter: Gail Irwin, 561-968-3887, gskimskam@aol.com

Public Relations: John Fenner, 586-350-3235, johnwf001@yahoo.com

## **Trail Section Leaders**

Jonathan Dickinson: Jeff Andrews, 561-310-6950, jeff4sail@mac.com

Corbett: Tony Rawson, 561-843-4668, tonrawson@yahoo.com

DuPuis: Bea Rogers, 561-644-0777, bznest22@bellsouth.net

Lake Okeechobee: Paul Cummings, 561-963-9906, cummingsps@att.net

Ocean to Lake: Bea Rogers, 561-644-0777, bznest22@bellsouth.net

# ≡ Monthly Activity Calendar ≡

## July/August

Date	Description
7/2	<b>JOHN PRINCE PARK WALK.</b> Walk 2 to 4 miles at your own pace. Perfect outing for beginning hikers. Breakfast afterward at TooJays. 7:30 a.m. Contact: Paul Cummings, 561-963-9906. Public/Leisure.
7/3	<b>HIKE IN JONATHAN DICKINSON STATE PARK.</b> Meet at the front gate of the park at 8:00 a.m. Bring plenty of water for this 7 to 12 mile hike. Lunch afterward at the Dune Dog Café. Contact: Mary Miller, 561-213-2189. Public/Moderate.
7/4	<b>MONTHLY CHAPTER MEETING.</b> Celebrate the holiday by attending your chapter's meeting. Contact: Margaret Brabham, 561-324-3543. Public/Leisure.
7/9	<b>TRAIL MAINTENANCE.</b> Meet at 6:30 a.m. at the intersection of the Florida Trail and South Grade in the J.W. Corbett Wildlife Management Area. We will clear the trails west of that area. Contact: Paul Cummings, 561-963-9906. Public/Leisure.
7/16	<b>OKEEHHEELER PARK WALK.</b> Take a 4 mile stroll in this expansive park. Walk and then have breakfast at Pete's Place. 7:30 a.m. Contact: Paul Cummings, 561-963-9906. Public/Leisure
7/23	<b>HIKE ON THE APOXEE WILDERNESS TRAIL.</b> Meet at 8:00 a.m. at the trailhead for this semi-rigorous 9 mile hike in West Palm Beach's urban wilderness off Jog Rd. Plenty of water is a must. Contact: Joe Rosenberg, 561-859-1954. Public/Moderate.
7/24	<b>YAMATO SCRUB HIKE.</b> For south county hikers this area is located off Clint Moore Rd. Hike, then join fellow hikers for breakfast. 7:30 a.m. Contact: Alan Collins, 561-586-0486. Public/Leisure.
7/30	<b>EASY CLIP AND WALK IN OKEEHHEELER PARK.</b> Payback time in exchange for our use of the nature center meeting room. Meet in the center's parking lot at 7:30 a.m. Contact: Margaret Brabham, 561-324-3543. Public/Leisure.
8/1	<b>MONTHLY CHAPTER MEETING.</b> Enjoy refreshments as you boast of your latest hiking adventures. Social: 7:00 p.m., Program at 7:30 p.m. Topic to be announced. Contact: Margaret Brabham, 561-324-3543. Public/Leisure.
8/6	<b>JOHN PRINCE PARK WALK.</b> Stroll in the park for about one hour before heading out for breakfast at TooJays. 7:30 a.m. Contact: Paul Cummings, 561-963-9906. Public/Leisure.
8/7	<b>HIKE IN JONATHAN DICKINSON STATE PARK.</b> This is a fairly rigorous outing (around 7 to 12 miles) in JDSP. Meet at 8:00 a.m. at the front gate. Bring lots of water. Lunch at the Dune Dog Café afterward. Contact: Mary Miller, 561-213-2189. Public/Moderate.
8/13	<b>TRAIL MAINTENANCE.</b> To be announced. Contact: Paul Cummings, 561-963-9906. Public/Leisure.
8/20	<b>OKEEHHEELER PARK WALK.</b> Enjoy your surroundings as you hike around 4 miles in the park. 7:30 a.m. Breakfast afterward at Pete's Place. Contact: Paul Cummings, 561-963-9906. Public/Leisure.
8/27	<b>HIKE ON THE APOXEE WILDERNESS TRAIL.</b> Joe Rosenberg will take you through Apoxee on an approximate 9 mile hike. 8:00 a.m. Plenty of water a must. Contact: 561-859-1954. Public/Moderate.
8/28	<b>FRENCHMAN'S FOREST STROLL.</b> Alan Collins will walk about an hour on trails that traverse shady pined areas off Prosperity Farms Rd. 7:30 a.m. Breakfast afterward. Contact: 561-586-0486. Public/Leisure.

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**Enjoy Local Baseball with Fellow Hikers 7/21 & 8/18:**

Join with your fellow trail blazers during Roger Dean Stadium's Dollar Nights. Game time is 6:30 p.m. Arrive at 6:00 p.m. to buy tickets and meet for entry to the stadium. Contact John Fenner, 586-350-3235.

*For all FTA information: [www.floridatrail.org](http://www.floridatrail.org)  
Chapter Web site: <http://loxfltrail.org/>*

